

RBIS International School

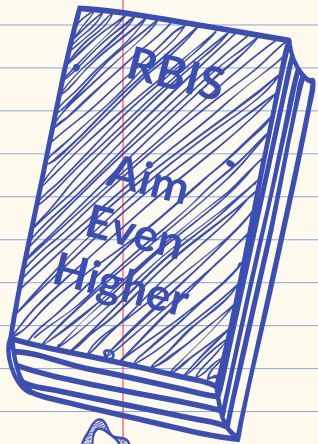
Early Years and Primary

✦ Newsletter ✦

January ✦ 2025 ✦



A Message from Head of Primary



For me, one of the most rewarding parts of this incredible job is reflecting upon how children grow and develop over the years. I recently read an article about how children in their first few years know about 5 times more words than they are able to say. Then finally when they do talk, it seems like something has clicked over night. Whereas the reality is that the progress was more gradual and below the surface.

During one of our morning duties, myself and Miss Aurora were talking about how her first class at RBIS are now in Year 9! In some cases, she has taught all three siblings and obviously how much the children have changed over the years. This made me think about how children's characters develop in a similar way to speaking words. Children's personality can be also be hidden under the surface. Similarly how children who have behaviour and/or academic issues early on, can often overcome these obstacles as they get older and more mature. As teachers, we are often a small part of their educational and life journey and it is difficult to see how far children have come in the short time that we are with them. Reflecting on how the children have progressed over years and not months allows us to better appreciate the journey that they are on. It truly is a privilege to be a small part of it.

"There is nothing in a caterpillar that tells you it's going to be a butterfly"
Buckminster Fuller



This Month's Personal Quality is.....



Communication and Collaboration



Giving and receiving information effectively and working together

Emerging	Expected	Exceeding
<p>I am able to listen well and express my ideas to my peers and teachers clearly.</p> <p>I am able to take part in the learning but I let others do most of the tasks.</p>	<p>I am able to listen patiently and express my ideas to my peers and teachers clearly, without interrupting others.</p> <p>I am able to contribute as part of a team, sharing the tasks fairly but I sometimes avoid the difficult parts.</p>	<p>I am able to listen patiently and express my ideas in both familiar and unfamiliar situations. My communication is clear and I listen carefully to what others have to say rather than just waiting for my turn to speak.</p> <p>I am able to make valuable and constructive contributions to the team effort and I am confident to take on the more difficult tasks.</p>

Important Announcements

My name is Chansnathee Chandaeng. You can also call me Chans. I am 27 years old. I was born and raised in Buriram of Northeastern. I have been living in Bangkok for 7 years.

For my bachelor's degree In 2020, I graduated from Srinakharinwirot University, Bangkok, Thailand with a bachelor's degree in Education Program of Physical Education.

Nowadays, I am currently studying for a master's degree in Educational Administration and Management at Srinakharinwirot University, Bangkok, Thailand.



In 2020, I started a job as a Health and Physical teacher at Sarasas Witaed Buriram School, Buriram, Thailand. My responsibility was teaching students grade 1 to grade 3, grade 7 in Health and Physical Education Program also teaching students grade 1 to grade 7 in English "Documentary". Being a head of school activities such as sport day and christmas day. Coordinated with the concerned department. Organized online program training to teachers for learning management in COVID-19 and performed miscellaneous duties, which are work-related, as assigned.

In 2022, I've started second job as a Physical teacher at Chokchai School, Bangkok, Thailand. I was responsible for teaching students grade 4 and grade 5 in Health and Physical Education Program (Chair ball, Basketball and Swimming). Organized the project of D.A.R.E., project of White School and Scout camp. Provided students educational support.

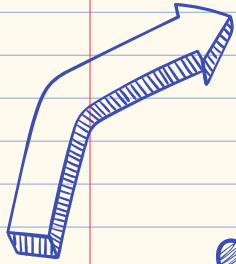


Healthy Snacks

At RBIS, we aim to promote healthy lifestyles. Recently, children have been seen to bring in multi packets of chocolate bars and family/share size packets of crisps at the end of the day.

Whereas I appreciate that it is a long day for some children, these quantities and types of snacks are clearly not good for children and when given these types of unhealthy foods, they are not good at portion control.

Making healthy choices starts with what is available to them. Let's work together for happy and healthy 2025!





Upcoming Events

February	7th 14th	Thai Trip Valentines
March	7th 31st	TT Rockstars Morning & E-safety Afternoon Talent Show
April	4th 23rd	Songkran World Book Day
May	2nd 28th	Health & Wellbeing Day FOBISIA Drama Festival
June	20th 25th	Graduation Family International Day

RBIS Wellness and Support

We have a strong culture of well-being throughout the whole school and it is embedded within our daily practices, such as:

- ♥ Daily Well-being Check-ins
- ♥ 1:1 sessions with the pastoral lead or school counsellor
- ♥ Tailored PSHE Lessons
- ♥ Inclusive and Safe Learning Environments
- ♥ Extra-curricular Activities (ECAs)
- ♥ Meaningful Student Participation



Wellness Tips for You and Your Families

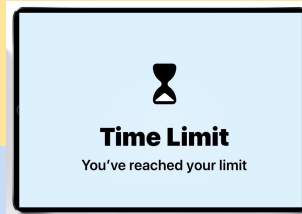
1. Encourage Open Conversations:

Create an environment where your children feel comfortable talking about school, friends, or any challenges they face. This strengthens your connection and helps identify issues early.



2. Establish Screen-Free Family Time:

Set aside moments during the week for meaningful, tech-free activities such as cooking together, board games, or family walks.



3. Protect Your Family from Pollution:

Keep an eye on air quality levels using reliable apps. On days when pollution is high, minimise outdoor activities and use high-quality air purifiers at home. Providing children with masks that filter PM2.5 particles is helpful if they must be outside.

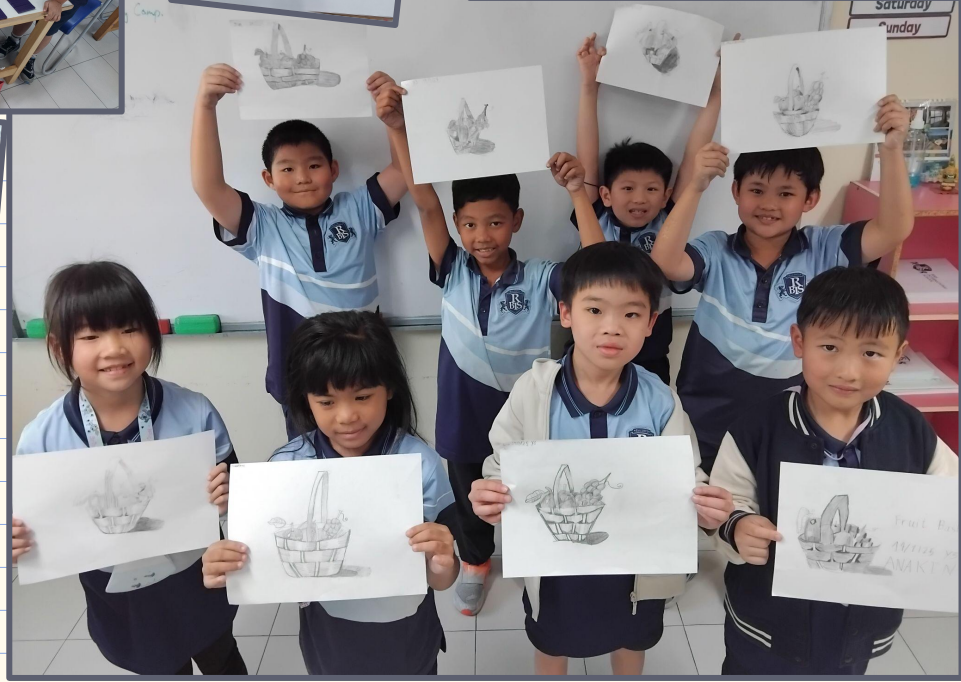
January Highlights



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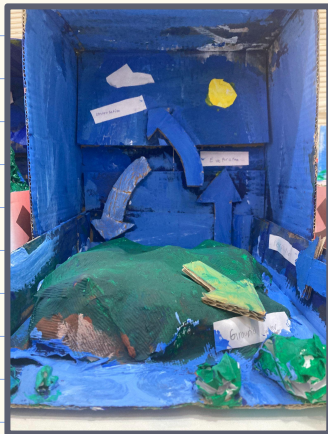
Saturday
Sunday



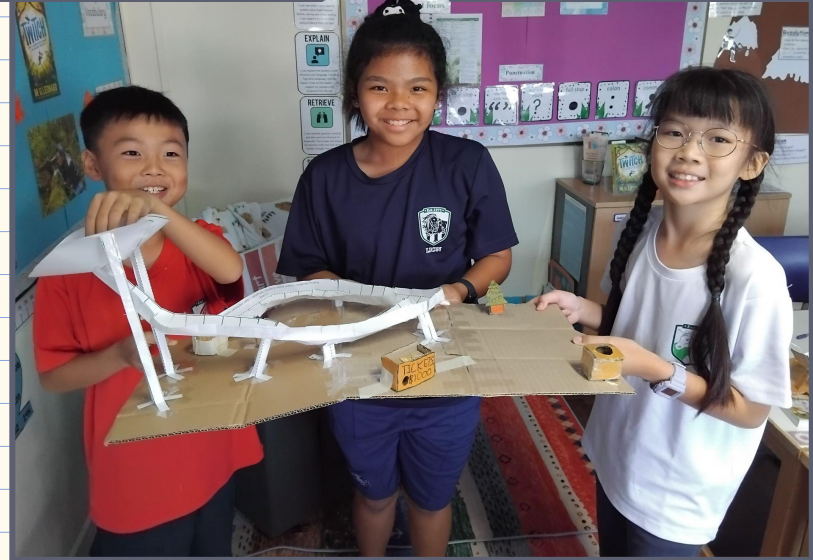
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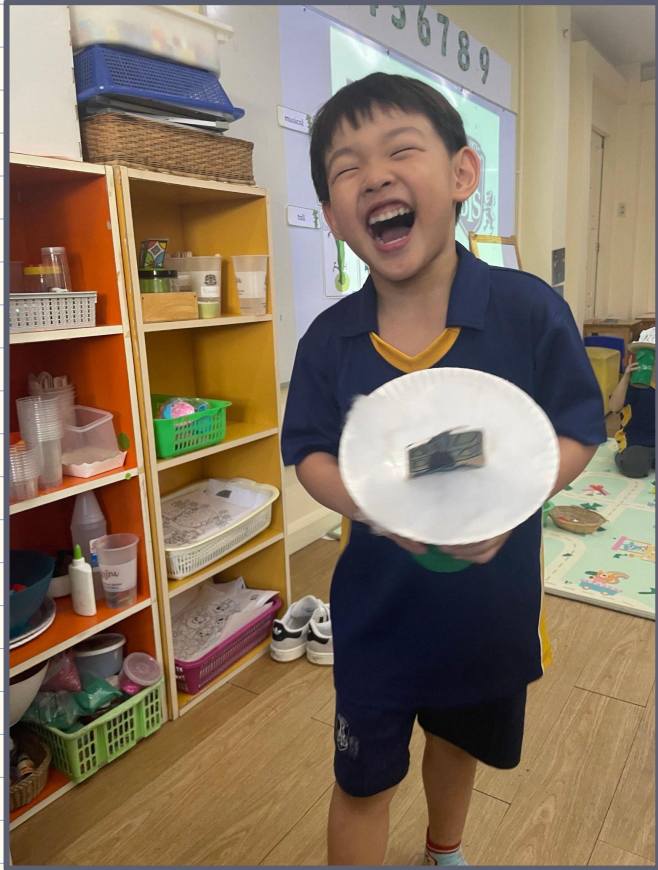
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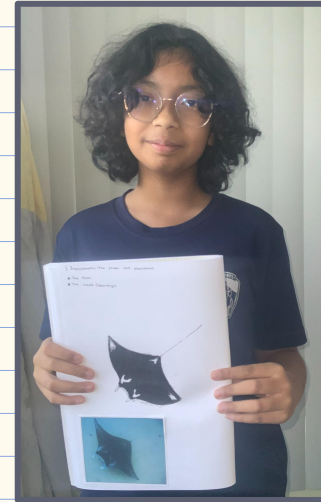
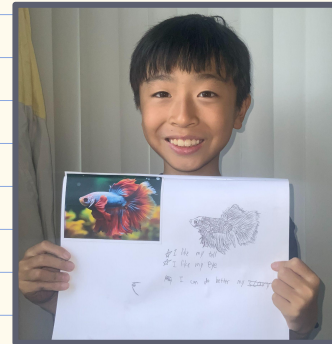
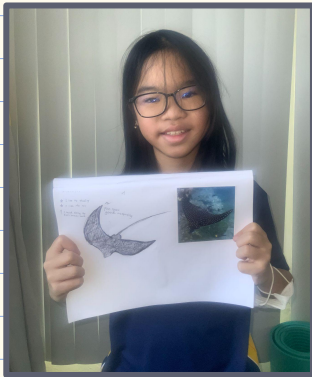
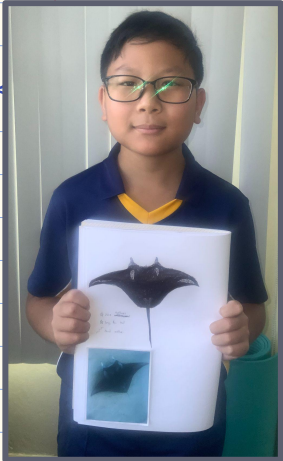
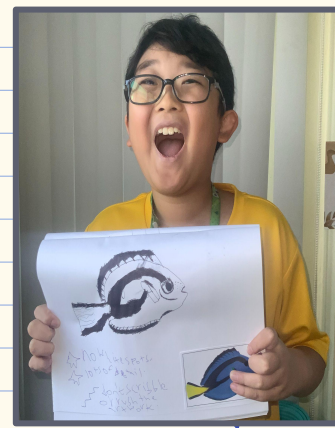
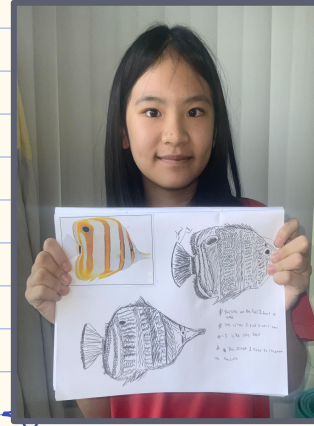
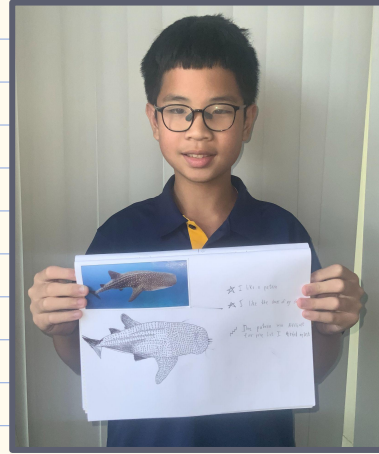
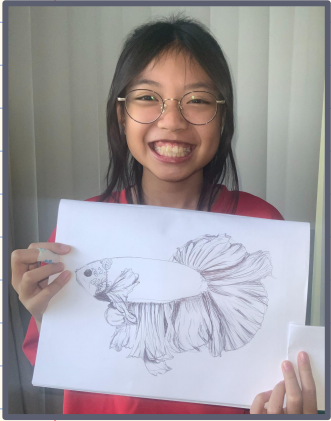
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Extra Curricular Activities



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Chinese New Year



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